



A Meadows Behavioral  
Healthcare Program  
Located in Wickenburg, Arizona

**Admissions: 866-352-2075**

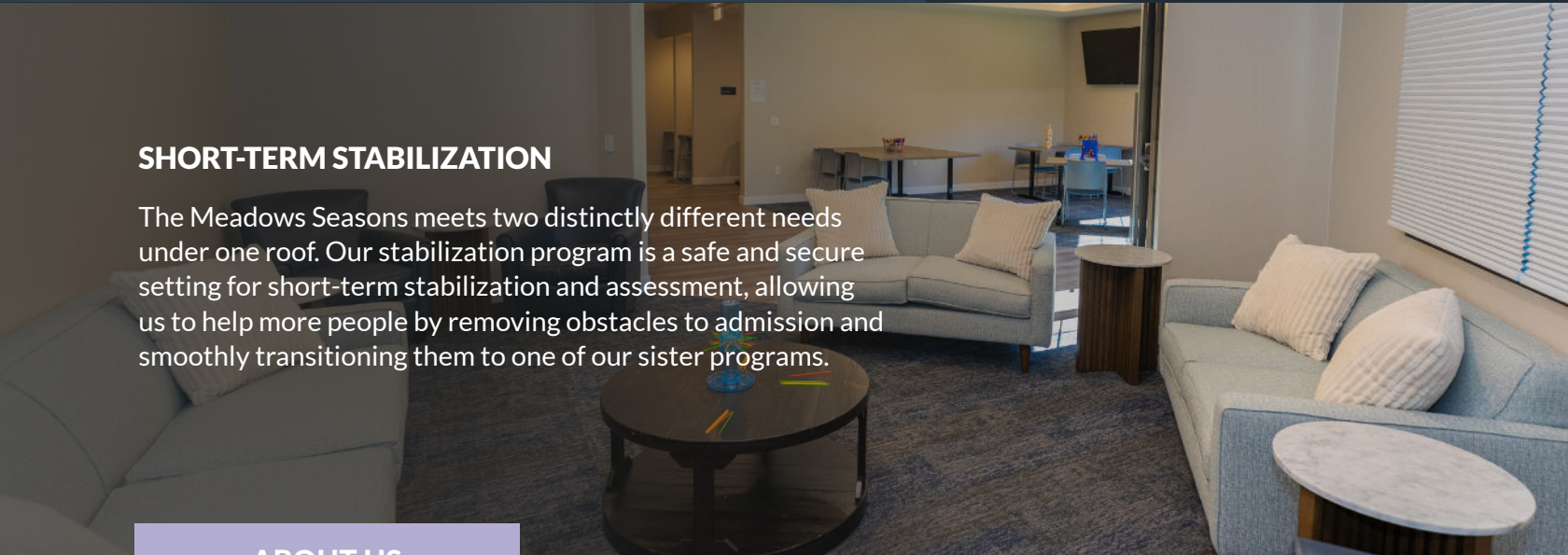
In-Network Providers: Multiplan/  
PHCS/HMN/AMN/RAN, TRICARE

Ability to work with out-of-network  
benefits.

**Stabilization Program**

**SHORT-TERM STABILIZATION**

The Meadows Seasons meets two distinctly different needs under one roof. Our stabilization program is a safe and secure setting for short-term stabilization and assessment, allowing us to help more people by removing obstacles to admission and smoothly transitioning them to one of our sister programs.



**ABOUT US**

The Meadows Seasons stabilization program is for those who need a few days to stabilize psychiatrically or medically or to acquire coping skills before transitioning to another Meadows campus or other appropriate program. While The Meadows Seasons provides an added level of safety and security for more fragile patients, admission is always voluntary and each of our patients is actively wishing to seek treatment.

**WHAT WE OFFER**

- A safe, secure setting for observation and assessment
- 7- to 14-day average stay
- Medication management requiring monitoring for destabilization risk
- Emotional regulation focus
- Emphasis on coping skills
- “Q15” safety checks at 15-minute intervals

**WHO WE TREAT**

- Adults 18 and older
- Current suicidal ideation
- Recent suicide attempt
- Substance-induced psychosis
- Interventions
- Substance detox
- Recent manic episode
- Ongoing medication changes requiring close observation
- Those who need a “gentle landing” to acclimate into treatment

**Exclusionary Criteria:** The Meadows Seasons was mindfully designed to limit obstacles to accessing life-changing treatment at MBH’s adult programs. To maintain the therapeutic environment of care, all patients must be willing to admit, appropriate for transfer within < 14 days, able to complete all ADLs without assistance or prompting, and willing to discuss medications when the treatment of choice.

Visit [TheMeadowsSeasons.com](http://TheMeadowsSeasons.com) to learn more. | Admissions: 866-352-2075



## PROGRAMMING

At The Meadows Seasons, we provide our patients with compassionate, strengths-based, and empirically supported care. Our treatment approach includes the Meadows Model, research-backed clinical interventions, and positive psychology. We partner with our patients to pursue their goals collaboratively, cultivating hope, focusing on their strengths, and building personal empowerment.



## TREATMENT INCLUDES:

- Daily psychiatry visits
- Daily group therapy
- Daily coping skill and regulation groups
- Safety planning
- DBT skills (mindfulness, emotional regulation, distress tolerance, some interpersonal effectiveness)
- Expressive arts therapy
- Brain Center
- Neurofeedback sessions
- Yoga, gym, recreation

## BRAIN CENTER

In addition to traditional therapeutic modalities, our relaxing Brain Center features a variety of equipment designed to help with regulation and enhance the treatment and recovery process. We also offer biofeedback/neurofeedback, when appropriate, to decrease the physical manifestation of trauma in the body and balance and regulate the brain.



### **JERRY L. LAW, DMIN, LCDC, CMAT, CSAT, CIP** *Group Executive Director*

Dr. Jerry Law has a longstanding relationship with Meadows Behavioral Healthcare, having held key leadership roles, including Executive Director of Gentle Path, Willow House, and The Meadows Texas residential treatment programs. He also served as Director of Family Education and Leadership Training for MBH, working with family members of those in treatment. In 2021, Dr. Law was appointed Executive Director of The Meadows, our flagship program, and in 2024 he was promoted to Group Executive Director for both The Meadows and The Meadows Seasons. In this role, he is responsible for overseeing day-to-day operations, working closely with the clinical team to deliver exceptional care and ensure excellence throughout the treatment process. Dr. Law also collaborates with senior leadership and the Meadows Senior Fellows to maintain the continuity of care that defines MBH programs worldwide.

