



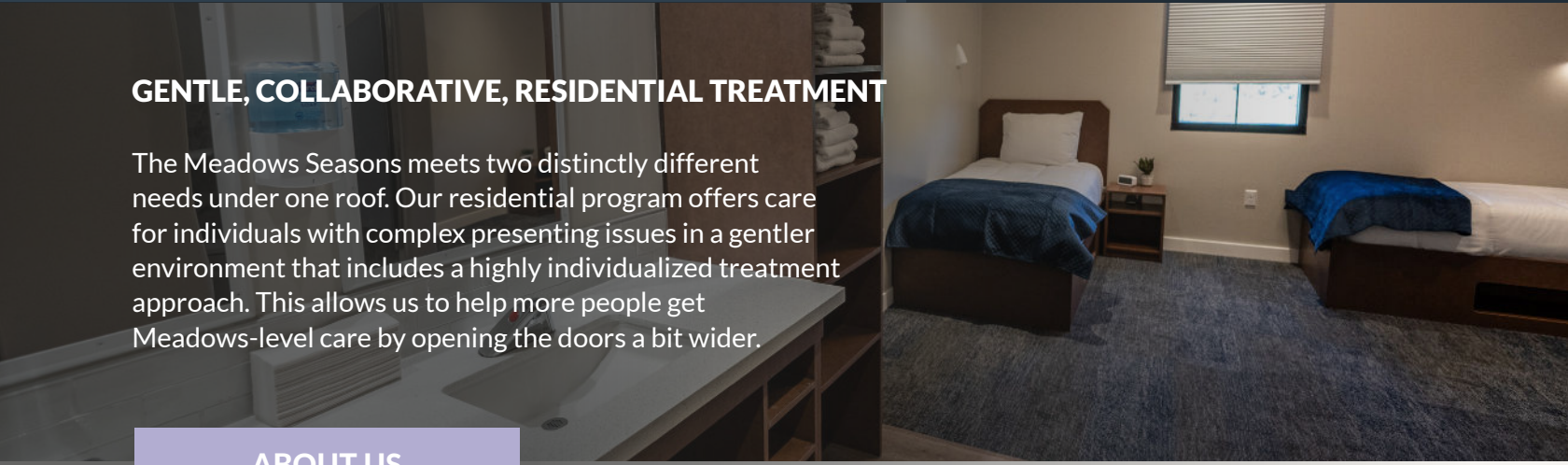
A Meadows Behavioral
Healthcare Program
Located in Wickenburg, Arizona

Admissions: 866-352-2075

In-Network Providers: Multiplan/
PHCS/HMN/AMN/RAN, TRICARE

Ability to work with out-of-network
benefits.

Residential Program



GENTLE, COLLABORATIVE, RESIDENTIAL TREATMENT

The Meadows Seasons meets two distinctly different needs under one roof. Our residential program offers care for individuals with complex presenting issues in a gentler environment that includes a highly individualized treatment approach. This allows us to help more people get Meadows-level care by opening the doors a bit wider.

ABOUT US

The Meadows Seasons residential program offers a gentler approach and extra flexibility. It was created for anyone who needs a more specific or individualized treatment plan or would benefit from a more gradual approach. This allows patients who may have trouble flourishing at one of our existing programs or another traditional program to get Meadows treatment in a format that is ideally suited to their unique needs.

WHAT WE OFFER

- Flexibility & greater customization
- A gentler environment
- Mood disorders/trauma treatment for those who don't fit more traditional programs
- 45-day program with option to extend
- Treatment methods that account for emotional fragility or poor ego strength of patients
- Customizable care that may look different for each patient to address their specific needs
- A safe place to grow and heal

WHO WE TREAT

- Adults 18 and older
- Clinically complex presentations
- Complex trauma
- Complex depression, anxiety, bipolar
- Eating Disorders
- Obsessive-compulsive disorders
- Non-suicidal self-injury
- Mature adults who may not thrive in other programs
- LGBTQ+

Exclusionary Criteria: *The Meadows Seasons will meet patients right where they are in their healing journey and create a more individualized treatment plan. To ensure excellent care for all, we are unable to offer all approaches (e.g. DID integration, exclusive DBT, ABA, ECT, TMS) at this time.*

Visit TheMeadowsSeasons.com to learn more. | Admissions: 866-352-2075



PROGRAMMING

At The Meadows Seasons, we partner with our patients to pursue their goals collaboratively, cultivating hope, focusing on their strengths, and building personal empowerment. Our intimate setting allows us to better curate a patient's treatment experience with many opportunities for customizing their interventions, assignments, groups, and more. Unlike other programs, we don't have a standard treatment plan. Instead, we collaboratively build it together based on best practices and how the patient is doing in our care.

TREATMENT INCLUDES:

- Meadows Model and biopsychosocial model of care with an emphasis on evidence-based therapies
- DBT, CBT, ACT, PIT, IFS, and more
- Mix of individual and group therapy
- Weekly meeting with psychiatric provider, primary therapist, and continuing care coordinator
- One or two individual neurofeedback sessions each week
- Additional individual appointments in keeping with treatment plan goals and most appropriate provider
- Primary process groups, breakout groups, and topic groups multiple times each week
- Full complement of ancillary and holistic amenities
- Daily Brain Center
- Weekly equine therapy, ropes, and yoga
- Auricular acupuncture

BRAIN CENTER

In addition to traditional therapeutic modalities, our relaxing Brain Center features a variety of equipment designed to help with regulation and enhance the treatment and recovery process. We also offer biofeedback/neurofeedback, when appropriate, to decrease the physical manifestation of trauma in the body and balance and regulate the brain.



JERRY L. LAW, DMIN, LCDC, CMAT, CSAT, CIP *Group Executive Director*

Dr. Jerry Law has a longstanding relationship with Meadows Behavioral Healthcare, having held key leadership roles, including Executive Director of Gentle Path, Willow House, and The Meadows Texas residential treatment programs. He also served as Director of Family Education and Leadership Training for MBH, working with family members of those in treatment. In 2021, Dr. Law was appointed Executive Director of The Meadows, our flagship program, and in 2024 he was promoted to Group Executive Director for both The Meadows and The Meadows Seasons. In this role, he is responsible for overseeing day-to-day operations, working closely with the clinical team to deliver exceptional care and ensure excellence throughout the treatment process. Dr. Law also collaborates with senior leadership and the Meadows Senior Fellows to maintain the continuity of care that defines MBH programs worldwide.

